

Chesterbrook RESIDENCES

A Caring Assisted Living Community

2030 Westmoreland Street • Falls Church, VA 22043

703-531-0781 • chesterbrookres.org

Winter 2024

Where Residents Come First

Remembering the No-No Holidays

This holiday season was one for the books! We spent time with Santa, sang carols, and even played a Hanukkah-themed game of bingo. There were also Christmas crafts, hot chocolate and eggnog, and lots of gleaming holiday lights.

Amy Eliasoff was so happy to be our holiday party prize winner, she could hardly "bear" it!



Residents gathered 'round the table for a red and green holiday craft project.



Temple Rodef Shalom volunteers led a festive game of Hanukkah bingo.

Diana Moore chats with "First State Santa" in his signature black leather and red tartan kilt. This unique Santa even rides a Harley!



Getting Schooled

Working with young people is important to building community beyond our walls. We are grateful for our ongoing and recent interactions with local students and schools.



Several residents spent time visiting Longfellow Middle School students during their after-school clubs.



Chesterbrook wishes the best of luck to the *Madeira School* interns who recently finished their semester with us. They graciously helped with life enrichment events and spent time with residents. From left: Interns Kam, Lily, Kyla, and Abby with Director of Life Enrichment, Carla.

Second-graders from the Potomac School visited Chesterbrook, met with residents, participated in an activity, and learned how kids of all ages can support seniors.





Volunteers prepared boxes of cakes, macaroons, cookies, and brownies which flew off the table!



The chocolate fountain had skewers of strawberries, marshmallows, and rice crispies. People were lined up all afternoon for a dip!

Sweet Success

We were excited to participate yet again in the annual McLean Chocolate Festival. Residents Marjorie Lawrence and Glenda Russell, alongside other volunteers and Chesterbrook team members, spent the weekend prepping, packing, and serving chocolate treats at the event. The biggest hit? Our scrumptious chocolate fountain with lots of yummy dipping items.

Happy Lunar New Year

Business Office Manager Annie Tran recently shared her knowledge of Lunar New Year with our residents and introduced us to some delicious dishes, including homemade cha gio (eggrolls), cha lua (Vietnamese ham), and banh chung (sticky rice cake). We are fortunate to have a diverse community with rich traditions, giving us many opportunities to learn about and experience cultures different from our own.



Annie Tran explains the Lunar New Year to residents (above) and shares cultural food with Anne Willis (right).



The CSM Community Family

Marian Manor

*Assisted Living,
Intensive Assisted Living*
Virginia Beach, Virginia • 757-456-5018

Mennowood

*Independent Living, Assisted Living,
Memory Care*
Newport News, Virginia • 757-249-0355

Our Lady of Hope

*Assisted Living, Memory Care,
Intermediate & Skilled Nursing Center*
Richmond, Virginia • 804-360-1960

Our Lady of Peace

*Residential Living, Assisted Living,
Memory Care, Nursing Center*
Charlottesville, Virginia • 434-973-1155

Our Lady of Perpetual Help

*Extensive Assisted Living,
Memory Care, Nursing Center*
Virginia Beach, Virginia • 757-495-4211

Our Lady of the Valley

*Assisted Living, Memory Care,
Intermediate & Skilled Nursing Center*
Roanoke, Virginia • 540-345-5111

Potomac Place

Assisted Living, Memory Care
Woodbridge, Virginia • 703-494-3817

St. Mary's Woods

Residential Living, Assisted Living
Richmond, Virginia • 804-658-2085

Tall Oaks Assisted Living

Assisted Living, Memory Care
Reston, Virginia • 703-834-9800



CSM Senior Living Management

Run, Chesterbrook, Run!

A big congratulations goes out to Director of Dining Services Lloyd Moss and Dining Room Server Joseph Songco for competing in the Second Annual *Jingle Bell 5K*.

The event was Lloyd's first athletic event following his recent hip replacement—impressive! The McLean Rotary Club fundraising event benefitted local charities while spreading holiday cheer.

Team effort!

Director of Community Relations and Marketing Sarah Malaby (left) and Director of Life Enrichment Carla Ceron (right) served as cheerleaders for Lloyd (middle left) and Joseph during the race.



Chesterbrook Residences is a not-for-profit, nondenominational community governed by a local Board of Directors comprised of members from our three founding faith communities, Lewinsville Presbyterian, Temple Rodef Shalom, and Immanuel Presbyterian.

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