## Mennowood Retirement Community

Because People Make the Place

Independent Living, Assisted Living, Memory Care

13030 Warwick Boulevard, Newport News, Virginia 23602 757-249-0355 • mennowood.com

WINTER 2025

Business Office Manager Kierra Baker (left) and Life Enrichment Assistant Bette Lamb.

> Our Oktoberfest event gave Mennowood a festival feel, providing food and fun for all! The dining room was decorated with a Bavarian theme, and the delicious pretzel bites and beer gave us a taste of the old world.

Did you know? "Prost" is a traditional German toast that means "cheers!"

> Life Enrichment Assistant Bette Lamb serves pretzels to Virginia Segar (at right), and Director of Life Enrichment Chrissy Bell (below) is ready to hand out root beer!

Mary Watson, Jane Gray, Anita Rowell, and Andra Altman.

Mary

Janine Stewart

Jane Gray

Spreading cheer and making memories—that's what it's all about during the Christmas season! Countless activities and celebrations made the season special. Making gingerbread houses is a classic craft for a reason—it's a blast for all ages, and was just one of several creative opportunities in December. Residents also enjoyed a visit from Santa and Mrs. Claus, and live harp music which

It's the 26, 20 Barbara Hawks Alalidays

Mynette

Smith

brought a unique twist to our favorite holiday tunes. And last but not least, our independent living residents gathered around for a beloved tradition of Christmas tree decorating, working side-by-side to make the tree sparkle!

> Harpist Alexandra Dwight (below) and Santa and Mrs. Claus (Jim and Della Garrett).



## Putting the "Men" in Mennowood

In a community where women are the majority, the men have carved out a unique space for themselves. Our male residents recognized the need for dedicated time and space to connect with their peers. The Mennowood Men's Club has filled that need, holding monthly gatherings with activities our men enjoy most, while also offering camaraderie, laughter, and good times.

Bob Armstrong contemplates to "Hit or Stay" against the dealer's hand. Bob Reich (lef) and Don Martin get ready to make their wagers.



## The CSM Community Family

Chesterbrook Residences Residential Living, Assisted Living Falls Church, Virginia • 703-531-0781

Marian Manor Assisted Living, Intensive Assisted Living Virginia Beach, Virginia • 757-456-5018

Our Lady of Hope Assisted Living, Memory Care, Intermediate & Skilled Nursing Center Richmond, Virginia • 804-360-1960

Our Lady of Peace Residential Living, Assisted Living, Memory Care, Nursing Center Charlottesville, Virginia • 434-973-1155

Our Lady of Perpetual Help Extensive Assisted Living, Memory Care, Nursing Center Virginia Beach, Virginia • 757-495-4211

Our Lady of the Valley Assisted Living, Memory Care, Intermediate & Skilled Nursing Center Roanoke, Virginia • 540-345-5111

Potomac Place Assisted Living, Memory Care Woodbridge, Virginia • 703-494-3817

St. Mary's Woods Residential Living, Assisted Living Richmond, Virginia • 804-658-2085

Tall Oaks Assisted Living Assisted Living, Memory Care Reston, Virginia • 703-834-9800



## A Cut Above the Rest

We are fortunate to have not one, but two amazing stylists available to residents at the Pine Cone Beauty Shop. Terri has been doing hair for over 40 years, and is great at styling, coloring, perms, and haircuts. She also does nail care!

Mark stepped up during the pandemic when non-essential staff was limited and has been doing shaves and haircuts for gentlemen ever since. He is just one of many examples of our team going "above and beyond" to serve our residents.

Terri is accepting appointments on Wednesdays and Thursdays, and Mark has times available on Fridays. Both are wonderful and love to share stories with residents during their visits. Contact the front desk to schedule your next salon appointment!

Terri Jordan pampers Candy Rhody while Mark Born gives Frank Fisher a trim in the Pine Cone Beauty Shop.

Mennowood is a nonprofit, nondenominational retirement community founded in 1985 by the local Mennonite community.



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