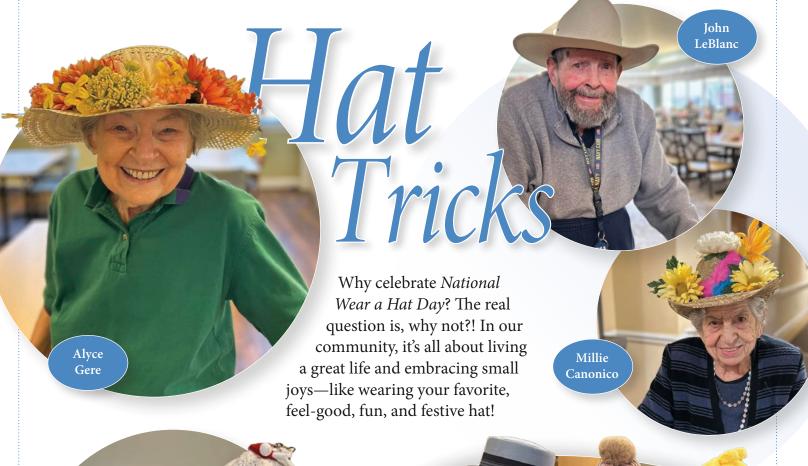


St. Mary's WOODS

Winter 2025

1257 Marywood Lane • Richmond, Virginia 23229 • stmaryswoods.com • 804-658-2085





(from left) Director of
Maintenance and Environmental
Services Chris Thompson,
Administrator JT Belton and Director
of Life Enrichment Michelle Odom
join in the fun.

Holidays in Review

The Christmas season was one for the books at St. Mary's Woods. The events, celebrations, and games were non-stop from December 1st through the New Year.

Santa and Friends

Our favorite North Pole visitor made a special appearance to wish residents and our team a Merry Christmas.

Holiday Bazaar

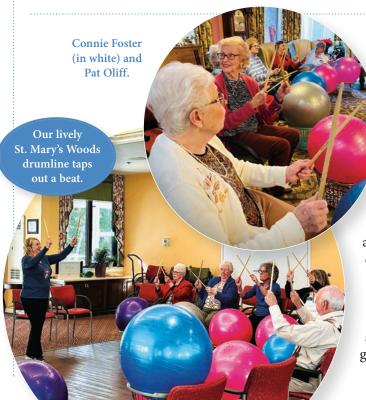
Santa's workshop was full of wonderful gifts from local vendors and treasures crafted by our residents. Proceeds from our resident sales totaled \$1,170 and benefited our charity of choice, Housing Families First.







Congratulations to Barbara Dougherty for her 1st place decorating win.



Jim Spain and

Business Office

Manager Gail Goare

Drumroll, Please!

Fun Drums is one of our newest and most popular activities. Twice a month, Terri Bradberry of "The Senior Savvy" leads our group of talented musicians as they play to the beat of their own drum.

Did you know? Drumming is a great cognitive activity as it stimulates both the left and right sides of the brain. Plus, it is a great stress reliever!

The CSM Community Family

Chesterbrook Residences

Residential Living, Assisted Living Falls Church, Virginia • 703-531-0781

Marian Manor

Assisted Living, Intensive Assisted Living Virginia Beach, Virginia • 757-456-5018

Mennowood

Independent Living, Assisted Living, Memory Care Newport News, Virginia • 757-249-0355

Our Lady of Hope

Assisted Living, Memory Care, Intermediate & Skilled Nursing Center Richmond, Virginia • 804-360-1960

Our Lady of Peace

Residential Living, Assisted Living, Memory Care, Nursing Center Charlottesville, Virginia • 434-973-1155

Our Lady of Perpetual Help

Extensive Assisted Living, Memory Care, Nursing Center Virginia Beach, Virginia • 757-495-4211

Our Lady of the Valley

Assisted Living, Memory Care, Intermediate & Skilled Nursing Center Roanoke, Virginia • 540-345-5111

Potomac Place

Assisted Living, Memory Care Woodbridge, Virginia • 703-494-3817

Tall Oaks Assisted Living

Assisted Living, Memory Care Reston, Virginia • 703-834-9800



Giving Back

The "I Serve Others" (ISO) program is a wonderful way for residents to volunteer in the local community and support worthy causes close to their hearts. During our most recent ISO project, our team assembled snack and breakfast bags for Housing Families First, a nonprofit that helps families resolve homelessness. We were also able to deliver a donation. including the funds we raised at our Holiday Bazaar!



(left) and Joanna Balcom

Enrichment Coordinator Curtis Sutphin, **Director of Community Relations &** Marketing Kelly Manshack, and Housing **Families First Program Operations** Manager Rodney Hopkins. Margie Rivnyak



St. Mary's Woods is nonprofit, nondenominational, and is sponsored by the Catholic Diocese of Richmond. © CSM Senior Living • Professional Management of Retirement Communities Since 1981



Exceptional Living, Without Exception.

1257 Marywood Lane, Richmond, Virginia 23229





